

# Lunch Menu

*Autumn Winter*

## WEEK ONE AUTUMN WINTER

9th & 30th Nov, 21st Dec, 4th & 25th Jan, 15th Feb, 8th & 29th March

(V) vegetarian option

(Ve) vegan option

|                                                                                     | MONDAY                                               | TUESDAY                                         | WEDNESDAY                                 | THURSDAY                                             | FRIDAY                                                  |
|-------------------------------------------------------------------------------------|------------------------------------------------------|-------------------------------------------------|-------------------------------------------|------------------------------------------------------|---------------------------------------------------------|
|    | Halal Sticky Hoi Sin Chicken and Rice                | Halal Spaghetti Bolognaise & Garlic Bread       | Sustainably Sourced Battered Fish & Chips | Halal Beef Lasagne                                   | Halal Jerk Chicken and Caribbean Rice and Peas or Fries |
|    | Mild & Creamy Vegetable Korma Curry & Mixed Rice (V) | Vegetable Biryani with garlicky green Beans (V) | Pizza Cheese Chips                        | Spaghetti and Veggie Bolognese with garlic bread (V) | Mac & Cheese (V)                                        |
|    | Halal BBQ Chicken Panini/Cheese Panini               | Halal Chicken Drumstick with Potato Wedges      | Melted Cheese Bagel                       | Halal Chicken Nuggets                                | Halal Pepperoni/Cheese Pizza                            |
|  | Hot Loaded Spuds<br>Cheese, Tuna, Beans              | Hot Loaded Spuds<br>Cheese, Tuna, Beans         | Hot Loaded Spuds<br>Cheese, Tuna, Beans   | Hot Loaded Spuds<br>Cheese, Tuna, Beans              | Hot Loaded Spuds<br>Cheese, Tuna, Beans                 |
|  | Peas & Beans                                         | Sweetcorn & Seasonal Greens                     | Peas & Carrots                            | Broccoli & Mixed Vegetables                          | Broccoli & Beans                                        |
|  | Vanilla Sponge with Chocolate Sauce                  | Chocolate and Pear Crumble with Custard         | Chocolate Cake with Custard               | Flapjack with Custard                                | Lemon Drizzle Cake with Custard                         |

# Lunch Menu

*Autumn Winter*

## WEEK TWO AUTUMN WINTER

26th Oct, 16th Nov, 7th Dec, 11th Jan, 1st & 22nd Feb, 15th March

(V) vegetarian option

(Ve) vegan option

|                                                                                    | MONDAY                                                     | TUESDAY                                                    | WEDNESDAY                                 | THURSDAY                                     | FRIDAY                                                  |
|------------------------------------------------------------------------------------|------------------------------------------------------------|------------------------------------------------------------|-------------------------------------------|----------------------------------------------|---------------------------------------------------------|
|    | Halal Chilli con Carne with white rice                     | Halal Korma-style Chicken and Lentil Curry with rice       | Sustainably Sourced Battered Fish & Chips | Halal Beef Lasagne                           | Halal Jerk Chicken and Caribbean Rice and Peas or Fries |
|    | Roasted Winter Vegetable Casserole with Roast Potatoes (V) | Sweet Potato, Spinach & Chickpea Korma with mixed Rice (V) | Cheese and Tomato Pizza with Fries        | Veggie Sausage and mash with onion Gravy (V) | Mac and Cheese (V)                                      |
|   | Halal Pepperoni & Cheese Panini                            | Halal Beef Burger                                          | Vegan Sausage Roll (Ve)                   | Halal Chicken Nuggets with Wedges            | Halal Pepperoni and Cheese Pizza                        |
|  | Hot Loaded Spuds<br>Cheese, Tuna, Beans                    | Hot Loaded Spuds<br>Cheese, Tuna, Beans                    | Hot Loaded Spuds<br>Cheese, Tuna, Beans   | Hot Loaded Spuds<br>Cheese, Tuna, Beans      | Hot Loaded Spuds<br>Cheese, Tuna, Beans                 |
|  | Broccoli & Salad                                           | Sweetcorn & Seasonal Greens                                | Garden Peas                               | Broccoli & Mixed Vegetables                  | Coleslaw & Baked Beans                                  |
|  | Ginger Cake with Custard                                   | Chocolate Cake with Custard                                | Apple Crumble with Custard                | Fruity Flapjack with Custard                 | Banana Cake with Custard                                |

# Lunch Menu

*Autumn Winter*

## WEEK THREE AUTUMN WINTER

2nd & 23rd Nov, 14th Dec, 18th Jan, 8th Feb, 1st & 22nd March

(V) vegetarian option

(Ve) vegan option



| MONDAY                                                                 | TUESDAY                                       | WEDNESDAY                                 | THURSDAY                                     | FRIDAY                                                   |
|------------------------------------------------------------------------|-----------------------------------------------|-------------------------------------------|----------------------------------------------|----------------------------------------------------------|
| Halal Cottage Pie with mixed vegetables                                | Halal Chicken Tikka with yellow Rice          | Sustainably Sourced Battered Fish & Chips | Halal Beef Lasagne                           | Halal Jerk Chicken with Caribbean Rice and Peas or Fries |
| Veggie Mince, Yorkshire pudding and Roasties green bean and carrot (V) | Jamaican Squash Curry with Pineapple Rice(V)  | Pizza Cheese Chips                        | Vegetable Bolognese Pasta & Garlic Bread (V) | Mac & Cheese (V)                                         |
| Cheese / Pepperoni Bagel                                               | Piri Piri Chicken Drumstick with Cajun Wedges | Veggie Burger                             | Halal Chicken Nuggets                        | Halal Pepperoni/ Cheese Pizza                            |
| Hot Loaded Spuds<br>Cheese, Tuna, Beans                                | Hot Loaded Spuds<br>Cheese, Tuna, Beans       | Hot Loaded Spuds<br>Cheese, Tuna, Beans   | Hot Loaded Spuds<br>Cheese, Tuna, Beans      | Hot Loaded Spuds<br>Cheese, Tuna, Beans                  |
| Broccoli & Salad                                                       | Sweetcorn & Seasonal Greens                   | Peas And Carrots                          | Broccoli & Mixed Vegetables                  | Broccoli And Baked Beans                                 |
| Vanilla Cake Custard                                                   | Jam Sponge and Custard                        | Apple Crumble with Custard                | Marble Sponge with Custard                   | Iced Sponge with Sprinkles and Custard                   |